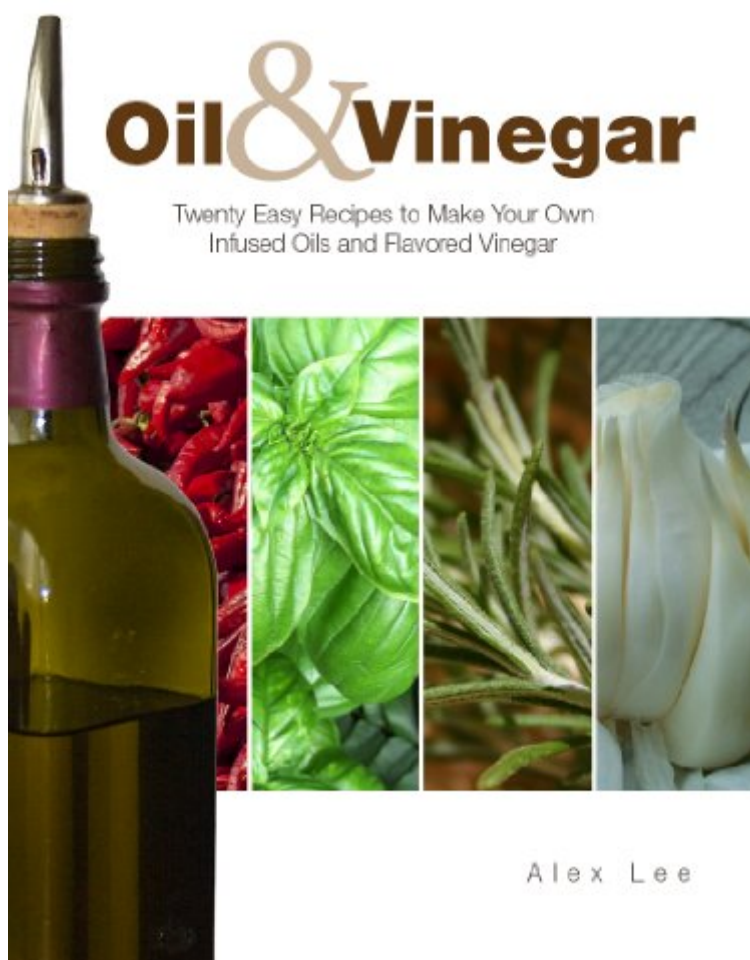


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# Oil And Vinegar: Twenty Easy Recipes To Make Your Own Infused Oils And Flavored Vinegar



## Synopsis

An introduction into making your own infused oils and flavored vinegar. Step by step instructions with easy recipes show you how to make garlic infused oil, basil infused olive oil, mango flavored vinegar, lavender flavored vinegar, raspberry vinegar and many more.

## Book Information

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## Customer Reviews

My wife was excited to know that I was asked to give an honest review of "Oil and Vinegar" by Author Alex Lee in exchange for a copy of the book. My wife has always tried different combinations of vinegar and herb concoctions, but has always been a little tentative about mixing oils and herbs. Well, after we read this book, she's not feeling so shy about it any more! Our local farmers market is happening as I write this, and guess where my wife is?... ;) I have to say, that for a little 40 page book, it has a bunch of really nice recipes in it and I am very pleased. I love to cook, (although most people wouldn't guess it since I'm so skinny.) My wife loves to be the chemist of the kitchen. The two of us make a great pair since she's always coming up with new things for me to try out. This book is going to add a whole lot more flavor to our meals for sure! I like this book because not only

does Alex Lee give you 20 recipes, but also gives you a run-down of the few pieces of equipment you'll need to get set up to do it right. Speaking of doing it right; My wife has had a few of her own experiments go horribly wrong. I was really glad to see that the author covered food and kitchen safety, the warm method of infusion, the cold method and even the health benefits of using infusions instead of salt to spice up the flavors. All-in-all the book has great content, it's well formatted and is easy to read. A good book for the home cook.

Salads, stir fry, bread dipping, vegetable roasting, soups, sauces. I never knew infused oils and flavored vinegars had so many uses until I purchased Alex Lee's Oil & Vinegar cookbook. You probably already have most of the basic equipment you will need to create these infused recipes in your own kitchen, so why wait to experience the great variety of flavors you can add to your food? I love garlic, so I tried the garlic-infused olive oil. I dipped some fresh bread in it and was in heaven!

Had some for lunch on my Tuscan salad! GREAT info in here!! Can't go wrong!

This book was poorly edited and a lot of the recipes are duplicates, with the only difference being the herb in the title. You would be better off using the internet to research the recipes.

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